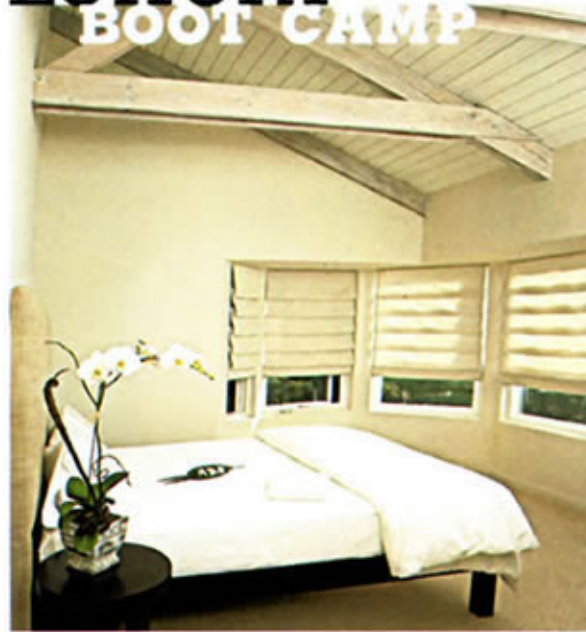


LAGUNA BEACH

# LUXURY BOOT CAMP



Yoga teachers Geo and Katresha Moskios wanted a more complete experience for their loyal following. Geo's prior work included eight years at The Ashram, so a retreat was a natural choice. Their new **The Pearl Laguna** offers rigorous workout regimes and cleansing diets with 12 serene private rooms and a stunning boutique spa. Each day includes yoga, hiking the Laguna hills, meditation, and the rewards: massage and an infrared sauna.

949-715-1674; [www.ThePearlLaguna.com](http://www.ThePearlLaguna.com)